



# NUTRITION & HUMAN PERFORMANCE

## UA Sydney

Spend a semester in Australia, and study Nutrition & Human Performance through an international lens at UA Sydney, hosted by the University of Technology Sydney. Faculty in the Nutritional Sciences & Wellness Department preapproved courses from UA Sydney to apply directly toward your Nutrition & Human Performance major requirements. You can also look for regionally specific general education courses with the approval of your academic advisor.

The best part is, you'll pay your regular UArizona tuition and get to use financial aid and scholarships, including **AZ Excellence** and **Wildcat Excellence!** Use the following tables to identify courses approved for various areas of your NHP major and remember to always work with your academic advisor to choose the best courses for your program of study.

UA SYDNEY COURSE	PREAPPROVED CORE NUTRITION COURSE
<b>92547</b> Nutrition and Health for Physical Activity	<b>NSC 315:</b> Sports Nutrition

UA SYDNEY COURSE	PREAPPROVED NHP GENERAL SCIENCES COURSES
<b>65111</b> Chemistry 1	<b>CHEM 151:</b> Chemical Thinking I
<b>65212</b> Chemistry 2	<b>CHEM 152:</b> Chemical Thinking II
<b>68101</b> Physics 1	<b>PHYS 102:</b> Introductory Physics
<b>91161</b> Cell Biology & Genetics	<b>MCB 181R:</b> Intro Biology I & <b>MCB 181L:</b> Intro Biology I Lab

Start planning by contacting your advisor: [nutrition.cales.arizona.edu/advising](https://nutrition.cales.arizona.edu/advising)

Learn more & start your application, go here: [studyabroad.arizona.edu/sydney](https://studyabroad.arizona.edu/sydney)

Additional questions? We're here to help!

Contact the Study Abroad Team

[studyabroad@arizona.edu](mailto:studyabroad@arizona.edu)

[studyabroad.arizona.edu](https://studyabroad.arizona.edu)

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UA SYDNEY COURSE	PREAPPROVED STATISTICS REQUIREMENT COURSES
<b>92491</b> Health Analytics	PHP Department Elective (Upper Division)
<b>95728</b> Introduction to Health Statistics	ELCR Department Elective (Lower Division)

UA SYDNEY COURSE	NHP MAJOR ELECTIVE AREA
<b>91320</b> Metabolic Biochemistry	<b>BIOC 385:</b> Metabolic Biochemistry Health Science
<b>91429</b> Physiological Bases of Human Movement	Health Science (Upper Division)
<b>27173</b> Human Performance in Sport and Exercise	Health Science (Lower Division)
<b>65202</b> Organic Chemistry I	<b>CHEM 241A:</b> Lectures in Organic Chemistry & <b>243A:</b> Organic Chemistry Lab I Health Science
<b>92533</b> Exercise Physiology	Health Science (Upper Division)
<b>21513*</b> Business Ethics and Sustainability	Business Management and Leadership OR Diversity, Inclusivity, and Ethics (Upper Division)
<b>21649*</b> Olympic Games and Sport Mega-Events	Business Management and Leadership (Upper Division)
<b>21655*</b> Sport and Society	Business Management and Leadership OR Diversity, Inclusivity, and Ethics (Lower Division)
<b>21656*</b> Sport Marketing and Media	Business Management and Leadership (Upper Division)
<b>21657*</b> International Sport Management	Business Management and Leadership (Lower Division)
<b>21658*</b> Australian Sport System	Business Management and Leadership (Lower Division)
<b>28227</b> Learning and Development Across the Lifespan	<b>PSY 200:</b> Evolution and Human Development Behavioral Science
<b>92494</b> Psychosocial Perspectives in Health	Behavioral Science (Lower Division)
<b>92530</b> Sport and Exercise Psychology	Behavioral Science (Upper Division)
<b>92544</b> Health Promotion and Physical Activity	Behavioral Science (Lower Division)
<b>92576</b> Social, Emotional and Psychological Wellbeing	Behavioral Science (Upper Division)
<b>95743</b> Diversity and Culture	Diversity, Inclusivity, and Ethics (Upper Division)

\*This course represents a Business Management and Leadership elective with a specialized focus on Australian sports. While it is encouraged for you to explore this regionally specific area of the sports industry, please **take no more than one** of these courses to satisfy your Business Management and Leadership electives.

**Please note:** If you plan to apply to a health professional program, you must consult with your Pre-Health academic advisor to ensure the courses you choose to take abroad will be accepted by your future program as there may be some restrictions on international credits in your application. This may also require you to contact the admissions team for the specific program you intend to apply to.