



# NUTRITION & HUMAN PERFORMANCE

Spend a semester in Australia and study Nutrition & Human Performance through a global lens. At UA Sydney, hosted by the University of Technology Sydney, you can choose from a variety of courses to satisfy your degree requirements, including general education with the approval of your academic advisor. To make choosing courses easier, faculty in the Nutritional Sciences & Wellness Department preapproved courses to satisfy many of your Nutrition & Human Performance major requirements. The best part is, you'll pay your regular University of Arizona tuition and can use financial aid and scholarships, including **AZ Excellence** and **Wildcat Excellence** awards!

Course availability varies by semester and may be subject to change. Refer to the program webpage for current offerings.

Learn more about Global Tracks for your major, connect with your academic advisor, and start your study abroad application by visiting [studyabroad.arizona.edu/global-tracks](https://studyabroad.arizona.edu/global-tracks).

UA SYDNEY COURSE	PREAPPROVED CORE NUTRITION COURSE
<b>92547</b> Nutrition and Health for Physical Activity	<b>NSC 315:</b> Sports Nutrition

UA SYDNEY COURSE	PREAPPROVED NHP GENERAL SCIENCES COURSES
<b>65111</b> Chemistry 1	<b>CHEM 151:</b> Chemical Thinking I
<b>65212</b> Chemistry 2	<b>CHEM 152:</b> Chemical Thinking II
<b>91161</b> Cell Biology & Genetics	<b>MCB 181R:</b> Intro Biology I and <b>MCB 181L:</b> Intro Biology I Lab

Additional questions? We're here to help!  
Contact the Study Abroad Team:

Email: [studyabroad@arizona.edu](mailto:studyabroad@arizona.edu)  
IG & FB: [@uastudyabroad](https://www.instagram.com/uastudyabroad)  
Visit: [studyabroad.arizona.edu](https://studyabroad.arizona.edu)

**GLOBAL TRACKS:**  
*Arizona Abroad Locations*

UA SYDNEY COURSE	PREAPPROVED NHP MAJOR ELECTIVES
<b>91320</b> Metabolic Biochemistry	<b>BIOC 385:</b> Metabolic Biochemistry <b>Satisfies Health Science Elective</b>
<b>91429</b> Physiological Bases of Human Movement	ELCR Department Elective, Upper Division <b>Satisfies Health Science Elective</b>
<b>65202</b> Organic Chemistry I	<b>CHEM 241A:</b> Lectures in Organic Chemistry & <b>243A:</b> Organic Chemistry Lab I <b>Satisfies Health Science Elective</b>
<b>92533</b> Exercise Physiology	PSIO Department Elective, Upper Division <b>Satisfies Health Science Elective</b>
<b>21513*</b> Business Ethics and Sustainability	BNAD Department Elective, Upper Division <b>Satisfies Business Management and Leadership OR Diversity, Inclusivity, and Ethics Electives</b>
<b>21649*</b> Olympic Games and Sport Mega-Events	ELCR Department Elective, Upper Division <b>Satisfies Business Management and Leadership Elective</b>
<b>21655*</b> Sport and Society	SOC Department Elective, Lower Division <b>Satisfies Business Management and Leadership OR Diversity, Inclusivity, and Ethics Electives</b>
<b>21656*</b> Sport Marketing and Media	MKTG Department Elective, Upper Division <b>Satisfies Business Management and Leadership Elective</b>
<b>21657*</b> International Sport Management	ELCR Department Elective, Upper Division <b>Satisfies Business Management and Leadership Elective</b>
<b>21658*</b> Australian Sport System	ELCR Department Elective, Lower Division <b>Satisfies Business Management and Leadership Elective</b>
<b>028227</b> Learning and Development Across the Lifespan	<b>PSY 200:</b> Evolution and Human Development <b>Satisfies Behavioral Science Elective</b>

\*This course represents a Business Management and Leadership elective with a specialized focus on Australian sports. While it is encouraged for you to explore this regionally specific area of the sports industry, please take **no more than one** of these courses to satisfy your Business Management and Leadership electives.

**Please note:** If you plan to apply to a health professional program, you must consult with your Pre-Health academic advisor to ensure the courses you choose to take abroad will be accepted by your future program as there may be some restrictions on international credits in your application. This may also require you to contact the admissions team for the specific program you intend to apply to.